



Oswestry Otters Speed Sprints
24 April 2020
Oswestry Leisure Centre



Meet Conditions & Information

The competition will be held under ASA Laws and Technical rules of swimming. Times are not acceptable for entry onto ASA rankings as this is an unlicensed meet.

Oswestry Leisure Centre pool length is 25m, with 6 lanes and equipped with anti-wave lane ropes.

Over the top starts may be used.

The Competition is open to all swimmers that are members of Oswestry Otters and the invited clubs.

ALL SWIMMERS are actively encouraged to compete and participate in as many events as possible. This helps the coaching team to monitor progress and also identifies the faster swimmers which provides the basis for league gala selection.

The promotor reserves the right to limit the number of heats if time does not permit all heats to run. In this case priority will be given to swimmers in the fastest heats.

Swimmers age as on the 24th April 2020.

All submitted entries must be slower or equal to the published upper entry times. 50m races events are open to children who are 7 to 11 years of age on the date of the gala (24th April 2020). 25m events are open to children who are 7 to 9 years of age on the date of the gala (24th April 2020).

Events will be seeded and each event will be on a "Heat Declared Winner" basis. Results will be published at this event.

Medals will be awarded to the three fastest swimmers in each event. Boys 7, 8, 9, 10, 11 and Girls 7, 8, 9, 10, 11. There will be a participation medal for all swimmers who have not received an award in their age category.

Entries will be made via the club entry system:- <https://swimming.events/meets/91>

The entry fee is £3.50 per event, with the closing date for entries being **Friday 3rd April**. No late entries will be accepted.

Withdrawals - To allow for smooth running of the meet, please email: oswmgalaentries@gmail.com ASAP to advise of any withdrawals. If a swimmer needs to withdraw on the day of the gala please contact Tim Hastie (Promotor).

Refunds will only be reviewed upon production of a Doctors Certificate.

The use of photography during this meet is permitted and will be subject to a consent form being signed at the Otters desk upon arrival. We will be following the ASA's photography policy which will be available on the day. We request that no flash photography is used during the start of each race.

Please note all mobile phones must be turned to silent during the gala.

Please support and cheer – this is many children's first gala. Let's have plenty of encouragement for all our swimmers – they all train very hard.

The promotor for this event is Tim Hastie on behalf of Oswestry Otters A.S.C



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Schedule of Events
Friday 24th April 2020 at Oswestry Leisure Centre
Warm Up Begins at 6pm

Session 1	Warm up	All Swimmers
Event 101	Boys 7 Yrs/Over 50m Freestyle	7-11 years
Event 102	Girls 7 Yrs/Over 50m Freestyle	7-11 years
Event 103	Boys 7 Yrs/Over 50m Breaststroke	7-11 years
Event 104	Girls 7 Yrs/Over 50m Breaststroke	7-11 years
Event 105	Boys 7 Yrs/Over 50m Backstroke	7-11 years
Event 106	Girls 7 Yrs/Over 50m Backstroke	7-11 years
Event 107	Boys 7 Yrs/Over 50m Butterfly	7-11 years
Event 108	Girls 7 Yrs/Over 50m Butterfly	7-11 years
Event 109	Boys 7 Yrs/Over 25m Freestyle	7-9 years
Event 110	Girls 7 Yrs/Over 25m Freestyle	7-9 years
Event 111	Boys 7 Yrs/Over 25m Breaststroke	7-9 years
Event 112	Girls 7 Yrs/Over 25m Breaststroke	7-9 years
Event 113	Boys 7 Yrs/Over 25m Backstroke	7-9 years
Event 114	Girls 7 Yrs/Over 25m Backstroke	7-9 years
Event 115	Boys 7 Yrs/Over 25m Butterfly	7-9 years
Event 116	Girls 7 Yrs/Over 25m Butterfly	7-9 years
Event 117	Boys 7 Yrs/Over 100m Individual Medley	7-11 years
Event 118	Girls 7 Yrs/Over 100m Individual Medley	7-11 years



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ALL TIMES ARE UPPER LIMITS (i.e. not faster than)					
BOYS					
EVENT	7	8	9	10	11
50m Freestyle	-	-	44.9	44.9	44.9
50 Breaststroke	-	-	58.4	58.4	58.4
50 Backstroke	-	-	51.4	51.4	51.4
50 Butterfly	-	-	54.2	54.2	54.2
25m Freestyle	-	-	-		
25m Breaststroke	-	-	-		
25m Backstroke	-	-	-		
25m Butterfly	-	-	-		
100m Individual Medley	-	-	1:47.3	1:47.3	1:47.3
GIRLS					
EVENT	7	8	9	10	11
50m Freestyle	-	-	45.3	45.3	45.3
50 Breaststroke	-	-	58.5	58.5	58.5
50 Backstroke	-	-	51.4	51.4	51.4
50 Butterfly	-	-	54.0	54.0	54.0
25m Freestyle	-	-	-		
25m Breaststroke	-	-	-		
25m Backstroke	-	-	-		
25m Butterfly	-	-	-		
100m Individual Medley	-	-	1:46.2	1:46.2	1:46.2